

Product Information

It is increasingly difficult to obtain vital nutrients from the food we eat, therefore a daily multivitamin in conjunction with a balanced diet may offer an easy and convenient way of ensuring your body is getting the nutrients it needs to maintain good health.

Ingredients - Each Tablet Contains:

Microcrystalline Cellulose, Calcium 160mg (20% RDA), L-Glutamine 96mg, Magnesium 76mg (20% RDA), Vitamin C (Ascorbic Acid) 60mg (75% RDA), Alpha Lipoic Acid 25mg, Silica, Vitamin B3 (Nicotinamide) 18mg (112.5% RDA), Zinc 15mg (150% RDA), Citrus Bioflavonoids 10.5mg, Vitamin E (DL-Alpha-Tocopheryl) 10mg (83.3% RDA), Green Tea Extract 10mg (90% Polyphenols), Vitamin B5 (D-Calcium Pantothenate) 6mg (100% RDA), Magnesium Stearate, Copper 2mg (200% RDA), Manganese 2mg (100% RDA), Stearic Acid, Vitamin B6 (Pyridoxine) 2mg (143% RDA), Vitamin B2 (Riboflavin) 1.6mg (114% RDA), Vitamin B1 (Thiamine) 1.4mg (127% RDA), L-Arginine 1mg, L-Methionine 1mg, L-Taurine 1mg, Lutein 950mcg, Vitamin A (Retinyl Acetate) 800mcg (100% RDA), L-Carnitine 600mcg, Folic Acid 200mcg (100% RDA), Iodide 150mcg (100% RDA), D-Biotin 150mcg (300% RDA), Chromium 150mcg (375% RDA), Molybdenum 75mcg (150% RDA), Selenium 50mcg (90% RDA), Vitamin K2 (Menaquinone) 7.9mcg (10.5 RDA), Vitamin D3 (Cholecalciferol) 2.5mcg 50% RDA, Vitamin B12 (Cyanocobalamin) 1mcg (40% RDA).

Suggested Daily Intake

Take one to two tablets daily as a food supplement or as directed by a healthcare professional.

SimplyBest™

VitaMen™ Plus

Complete multivitamin for men
60 Tablets



Unprecedented quality and purity

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.



SimplySupplements™

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